

DEPARTMENT OF MEDICINE  
Division of Clinical Immunology and Allergy  
UCLA School of Medicine

## ASSENT TO PARTICIPATE IN RESEARCH

### *Pollution-enhanced allergic inflammation & Phase II enzymes*

1. My name is David Diaz-Sanchez.
2. We are asking you to take part in a research study because we are trying to learn more about pollution and why it causes children to be more likely to have hay fever. Hay fever is when you sneeze and have a runny nose when you are near certain weeds or plants.
3. If you agree to be in this study:
  - a) We will ask you to put a small amount of salty water in your nose. You will keep it there for 5 seconds and then blow it into a cup.
  - b) We will spray the inside of your nose with salty water or salty water mixed with some diesel soot. This may cause you to have a runny or itchy nose for a few minutes.
  - c) The next day we will ask you to come back and we will again put a small amount of salty water in your nose. You will keep it there for 5 seconds and then blow it into a cup.
  - d) We will ask you to come back 3 other times to repeat the experiment.
  - e) The number of visits you will make may be as few as one or as many as 8.
4. Some of the following things could happen to you from being in this study:
  - a) Your eyes and throat may become itchy and you may get a headache. Breathing diesel soot over a long time is bad for you and may cause illness. However, you will only receive a small bit during this study, less than what you would get if you passed behind a bus.
  - b) You may swallow some salty water when we place it in your nose.
  - c) You may sneeze and have a runny or stuffy nose when we spray your nose.
- i. There is no direct benefit from you performing this study except for learning how well your body can cope with pollution.
- j. Please talk this over with your parents before you decide whether or not to participate. We will also ask your parents to give their permission for you to take part in this study. But even if your parents say "yes" you can still decide not to do this.

Date of preparation: 08/08/04

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- 7. If you don't want to be in this study, you don't have to participate. Remember, being in this study is up to you and no one will be upset if you don't want to participate or even if you change your mind later and want to stop.
- 8. You can ask any questions that you have about the study. If you have a question later that you didn't think of now, you can call me at (310) 825 9261 or ask me next time. If you have hay fever, you may call me at any time to ask questions about your hay fever.
- 9. Signing your name at the bottom means that you agree to be in this study. But remember you can change your mind at any time. You and your parents will be given a copy of this form after you have signed it.

\_\_\_\_\_  
Name of Subject

\_\_\_\_\_  
Date

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